

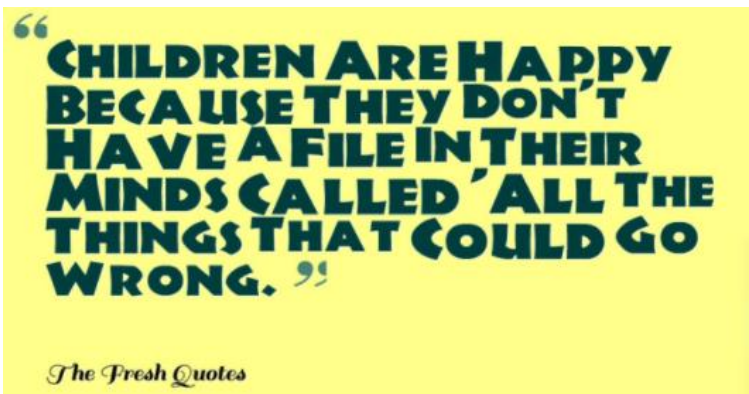
I am determined to be cheerful and happy in whatever situation I may find myself. For I have learned that the greater part of our misery or unhappiness is determined not by our circumstance but by our disposition. Martha Washington

Happiness is a choice. You can choose to be happy. There's going to be stress in life, but it's your choice whether you let it affect you or not. Valerie Bertinelli

The happiness you feel is in direct proportion to the love you give.

Oprah Winfrey

Happiness held is the seed; Happiness shared is the flower.  
John Harrigan



Happiness radiates like the fragrance from a flower and draws all good things towards you. Maharishi Mahesh Yogi

Thousands of candles can be lighted from a single candle, and the life of the candle will not be shortened. Happiness never

decreases by being shared. Buddha

My greatest beauty secret is being happy with myself. It's a mistake to think you are, what you put on yourself. I believe that a lot of how you look is to do with how you feel about yourself and your life. Happiness is the greatest beauty secret. Tina Turner