

LET FREEDOM RING

For to be free is not merely to cast off one's chains, but to live in a way that respects and enhances the freedom of others.” Nelson Mandela.

Why do you stay in prison When the door is so wide open?” — Rumi

Today I choose life. Every morning when I wake up I can choose joy, happiness, negativity, pain... To feel the freedom that comes from being able to continue to make mistakes and choices - today I choose to feel life, not to deny my humanity but embrace it. Kevyn Aucoin pronounced “O-Quan”

The man who is aware of himself is henceforward independent; and he is never bored, and life is only too short, and he is steeped through and through with a profound yet temperate happiness.
- Virginia Woolf

Just as treasures are uncovered from the earth, so virtue appears from good deeds, and wisdom appears from a pure and peaceful mind. To walk

safely through the maze of human life, one needs the light of wisdom and the guidance of virtue. -

from The Buddha

Friends can help each other. A true friend is someone who lets you have total freedom to be yourself - and especially to feel. Or, not feel. Whatever you happen to be feeling at the moment is fine with them. That's what real love amounts to - letting a person be what he really is. - Jim Morrison

We are made wise not by the recollection of our past, but by the responsibility for our future. - George Bernard Shaw

I am no bird; and no net ensnares me; I am a free human being with an independent will. Charlotte Bronte

Don't gain the world and lose your soul; wisdom is better than silver or gold. -Bob Marley

And finally... Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself.” - Rumi.