

Inspirational Reading: March 11, 2018

Let Go, Let God

DAILY WORD: Let Go, Let God

AFFIRMATION: I make an active choice to let go and let God.

To someone unfamiliar with the phrase “let go, let God,” the words may seem to be a spiritual cop-out—a popular slogan used with a shrug of inevitability: It’s out of my hands, or I’m resigned to the inevitable. In Truth, “let Go, let God” describes an active choice that is always mine to make.

I let go of all attempts to make choices based solely on input from my ego mind’s sense of personal obligation. It simply isn’t true that I must personally find the answer to every question.

I let God by choosing instead to trust the indwelling Presence that is my true identity, opening my heart to love-centered guidance and quiet power.

SCRIPTURE: Do not worry about anything, but in prayer and supplication with thanksgiving let your requests be made known to God. Philippians 4:6